



RESOURCE UPDATE

February 9, 2022

EASTERN REGIONAL CENTER

1002 Dogwood Drive, Zebulon, NC 27597

919-404-3900

***Information/schedules subject to change**

RENTAL/UTILITY/HOUSING ASSISTANCE

- Eligible applicants may apply for food/nutrition services, energy/utility assistance, and more online directly through (ePASS) Visit the website ePASS.nc.gov.
- [House Wake! Access Hub](#) - a referral helpline in Wake County for our neighbors experiencing homelessness or about to become homeless. The helpline is the first resource to contact that can “point you in the right direction for the right solutions.” **HW Access Hub: 919-443-0096.**
- You may qualify for **FREE Home Weatherization** (repairs to heating/cooling; insulation). Call **919-713-1570**.

COVID-19 INFORMATION

***Schedules are subject to change. Visit wakegov.com/covid for updated information.**

- **Wake County Covid-19 Info**
For specific questions about Covid-19, **or to schedule a vaccination or Covid-19 testing appointment**, call the **NC Vaccine Help Center: 1-888-675-4567**
- **FREE COVID-19 Vaccinations**
Pfizer, Moderna, and J&J Covid-19 Vaccinations at **Eastern Regional Center. *By Appointment**
Closed Sunday & Monday. Schedule: Tuesday/Thursday: 11:45 a.m. – 7:15 p.m.;
Wednesday/Friday: 8:30 a.m. – 4:00 p.m.; Saturday: 9:00 a.m. – 4:30 p.m.
Appointments: 1-888-675-4567 | wakegov.com/covid
- **FREE Drive-Thru COVID-19 Testing** at **Eastern Regional Center *By Appointment**
Appointments: 1-888-675-4567 | wakegov.com/testing
Schedule: Monday through Friday, 11am-7pm; Saturdays; 9am-5pm
- **FREE At-Home Covid-19 Vaccinations** for those with limited mobility who cannot leave home. At-Home Vaccination Hotline: 1-866-303-0026 | www.ptrc.org/covid
- **FREE At-Home Covid-19 Testing Kits** to eligible NC residents over the age of 2 who are experiencing symptoms of Covid-19 or believe they may have been exposed – now available to order online through partnership with NC DHHS and Labcorp. Visit pixel.labcorp.com/nc to register.
- **FREE At-Home Covid-19 Tests** (Federal Program) Visit COVIDtests.gov to order 4 free at-home Covid-19 tests.
Assistance: 1-800-232-0233

TRANSPORTATION

- **RIDE UNITED NC** –new transportation service/partnership with Lyft provides rides to eligible individuals who need transportation to vaccination sites: **1-844-771-RIDE (7433). FREE SERVICE**
- **GoWake Access** is currently providing **FREE** transportation to Wake County vaccination appointments. Please call a day prior to schedule ride; this is a ride-sharing program. The phone line provides an English and Spanish option: **(919) 212-7005**.

EMPLOYMENT

- **NCWorks Career Center-** 1002 Dogwood Drive, Zebulon – *now open at ERC*
Career services by appointment | 919-404-3933

FOOD DISTRIBUTION

- **Mobile Food Market at Boys & Girls Club of Zebulon** - 1320 Shepard School Rd., Zebulon: every 3rd Saturday/month, 10-11am.
- **Zebulon United Methodist Food Pantry** - Mission House: 114 W. Sycamore St., Zebulon: Tuesdays/Thursdays, 9-10:30am. ** New Baby Pantry, operates 2nd & 4th Wed. of the month, 9-10:30am & 3rd Sat. 10am-12pm** (misc items for newborn to age 3)
- **Food Giveaway** - Hand of God Church Ministries, 1300 Mack Todd Rd., Zebulon: every Thursday at 4pm.
- **Community Drive-Thru Food Distribution** - St. John United Holy Church, 3201 Jack Mitchell Rd, Zebulon: 2nd Thursday/month, 11-1pm.
- **Zebulon Baptist Church** - 400 N. Arendell Ave., Zebulon: Mon. & Wed., 10-12pm; **must be Zebulon resident.**
- **Wendell United Methodist Food Pantry** - 129 N. Main Street, Wendell: Tuesday, 5-7pm; Thursday, 9-10:30am; Last Saturday of the month, 10am-12pm.
- **Wendell Baptist Church Food Pantry** - 3651 Wendell Blvd: Every Wednesday 3:30-5:30pm and the 2nd & 4th Saturdays 10am-12pm. *Little Food Pantry* open 24/7 outside office at 302 N Pine St. Wendell.
- **Carver Center** - 984 Morphus Bridge Rd., Wendell: Community Food Hub Distribution: 3rd Tuesday of month, 12-2pm; 4-6pm. Food Pantry (1st and 3rd Tuesdays) 10-11am.
- **Calvary Faith Center Food Pantry** - 4825 Rolesville Rd., Wendell: 3rd Saturday of month, 10-11am.
- **Cross Point Community Church** - 1001 Steeple Square Ct., Knightdale: 1st Saturday of the month, 9-11am.
- **Community Helpers Service Center** - 111 N. First Ave., Knightdale: Pantry open Mon., Tues., & Friday from 10am to 1pm; Wednesday & Thursday from 8am until 1pm.
- **Northside Community Church *Compassion Box Curbside Basic Needs Pantry***, 621 North First Avenue, Knightdale: 24/7 non-perishable pantry staples, baby food, snack bags, toiletries and mother/baby care items.
- **Knightdale United Methodist Church Food Pantry** – 7071 Forestville Rd., Knightdale: Mondays 9:30-10am.
- **YMCA at Knightdale Station Community Food Hub** - 494 Knightdale Station Run, Knightdale: 1st & 3rd Thursdays, 4:30-6pm.
- FNS recipients may now purchase groceries online using **EBT cards** through [Instacart.com](https://www.instacart.com). Participating retailers include: Carlie C's, Food Lion, Walmart, ALDI, Amazon, BJ's, and Publix. *Service and Delivery charges are not covered by benefits.

HEALTHCARE

- **[Monarch Behavioral Health Services](#)** (Mental Health/Substance Abuse)
Virtual Open Access by phone only: 1-866-272-7826 (Mon-Fri, 8am-3pm).
ERC In-person services (medication management/therapy) by appointment: 919-375-4453, Ext. 1983
- **NC Medicaid Managed Care:** 1-833-870-5500 | [NCMEDICAIDPLANS.GOV](https://www.ncmedicaidplans.gov) (Health Plans)
- **Shepherd's Care Medical Clinic:** 1303 Water Plant Road, Zebulon; 919-404-2474 (serving uninsured or under-insured)
- **WIC** (Special Supplemental Nutrition Program for Women, Infants and Children) operating remotely WIC provides healthy foods, nutrition and breastfeeding support, and referrals to healthcare and community services. WIC serves babies and children up to age five, pregnant women, and new mothers! **To apply, call 919-250-4720.**

Wake County Eastern Regional Center | 1002 Dogwood Drive, Zebulon, NC | 919-404-3900

Medicaid, Food Stamp Applications / Other Resources

NC Works Career Counseling, Employment Assistance, Revenue Collections / Tax Payments / Birth Certificates

Public Health Clinical Services (Child Health, Family Planning, Prenatal) *By appointment

Family Support, Child Welfare *Some in-person services may be limited due to Covid-19 restrictions.

*Find other services, programs, or agencies near you: [wakenetworkofcare.org](https://www.wakenetworkofcare.org) | [nccare360.org](https://www.nccare360.org)