



RESOURCE UPDATE

September 14, 2022

EASTERN REGIONAL CENTER

1002 Dogwood Drive, Zebulon, NC 27597

919-404-3900

***Information subject to change**

Visit wakegov.com for updated schedules/info

RENTAL/UTILITY/HOUSING ASSISTANCE

- Eligible applicants may apply for food/nutrition services, energy/utility assistance, and more online directly through (ePASS) Visit the website ePASS.nc.gov.
- [House Wake! Access Hub](#) - a referral helpline in Wake County for our neighbors experiencing homelessness or about to become homeless. The helpline is the first resource to contact that can “point you in the right direction for the right solutions.” **HW Access Hub: 919-443-0096.**
- You may qualify for **FREE Home Weatherization** (repairs to heating/cooling; insulation). Call **919-713-1570**.

COVID-19 | MONKEYPOX INFORMATION

***Schedules are subject to change. Visit wakegov.com for updated information.**

- **WAKE COUNTY PUBLIC HEALTH HOTLINE - 919-212-9398 for monkeypox / Covid-19 Information**
- **FREE COVID-19 Vaccinations**
Pfizer, Moderna, and J&J Covid-19 Vaccinations at **Eastern Regional Center. *By Appointment Covid-19 Vaccine/Booster Appointments: 919-250-1500 | wakegov.com/covid**
- **FREE At-Home Covid-19 Testing Kits** at the Eastern Regional Center while supplies last.
- **FREE At-Home Covid-19 Testing Kits** to eligible NC residents over the age of 2 who are experiencing symptoms of Covid-19 or believe they may have been exposed – available to order online through partnership with NC DHHS and Labcorp. Visit pixel.labcorp.com/nc to register.

TRANSPORTATION

- ****FREE** GoWake [SmartRide NE](#) (*ride-sharing transportation service*) Available to residents in: *Zebulon, Wendell, Rolesville, Riley Hill, Hopkins, Lizard Lick; Eagle Rock: 919-212-7005 or Uber App***

EMPLOYMENT

- **[NCWorks Career Center](#)- 1002 Dogwood Drive, Zebulon – *now open at ERC***
Individual career consultation services by appointment | 919-404-3933

FOOD RESOURCES

- **Mobile Food Market at Boys & Girls Club of Zebulon** - 1320 Shepard School Rd., Zebulon: every 3rd Saturday/month, 10-11am.
- **Food Giveaway** - Hand of God Church Ministries, 1300 Mack Todd Rd., Zebulon: every Thursday at 4pm, and every 3rd Tuesday of the month at 4pm, until supplies last.
- **Zebulon United Methodist Food Pantry** - Mission House: 114 W. Sycamore St., Zebulon: Tuesdays/Thursdays, 9-10:30am. **** New [Baby Pantry](#), operates every Wednesday, 9-10:30am & 3rd Sat. 10am-12pm**** (misc items for newborn to age 3).
- **Community Drive-Thru Food Distribution** - St. John United Holy Church, 3201 Jack Mitchell Rd, Zebulon: 2nd Thursday/month, 11-1pm.
- **Zebulon Baptist Church** - 400 N. Arendell Ave., Zebulon: Mon. & Wed., 10-12pm; ***must be Zebulon resident.***
- **Shepherd’s Care Drive-thru Food Distribution** – 1303 Water Plant Rd., Zebulon: 3rd Wed. of month; 1:30-4pm.

FOOD RESOURCES

- **Zebulon First Baptist Soup Kitchen** – 304 E. Barbee St., Zebulon: 2nd & 4th Thursday of the month, 11am-1pm.
- **Outdoor Pantry at The Purple Shoe Thrift Shoppe** – 407 W. Gannon Ave. Zebulon: 24/7 Non-Perishables.
- **Wendell United Methodist Food Pantry** - 129 N. Main Street, Wendell: Tuesday, 5-7pm; Thursday, 9-10:30am; Last Saturday of the month, 10am-12pm.
- **Wendell Baptist Church Food Pantry** - 3651 Wendell Blvd: Every Wednesday 3:30-5:30pm and the 2nd & 4th Saturdays 10am-12pm. **Little Food Pantry* open 24/7 outside office at 302 N. Pine St., Wendell.
- **The Carver Center/Pleasant Grove Baptist** - 984 Morphus Bridge Rd., Wendell: **Community Food Hub** Distribution: 3rd Tuesday of month, 12-2pm; 4-6pm. Food Pantry (1st and 3rd Tuesdays) 10-11am.
- **Drive-thru Food Giveaway at Wendell Community Center** – 601 W. 3rd St., Wendell: 1st Tues of month, 12-1.
- **Calvary Faith Center Food Pantry** - 4825 Rolesville Rd., Wendell: 3rd Saturday of month, 10-11am.
- **Cross Point Community Church** - 1001 Steeple Square Ct., Knightdale: 1st Saturday of the month, 9-11am.
- **Community Helpers Service Center** - 111 N. First Ave., Knightdale: Pantry open Mon., Tues., & Friday from 10am to 1pm; Wednesday & Thursday from 8am until 1pm.
- **Northside Community Church *Compassion Box Curbside Basic Needs Pantry***, 621 North First Avenue, Knightdale: 24/7 non-perishable pantry staples, baby food, snack bags, toiletries and mother/baby care items.
- **Knightdale United Methodist Church Food Pantry** - 7071 Forestville Rd., Knightdale: Mondays 9:30-10am.
- **YMCA at Knightdale Station Community Food Hub** - 494 Knightdale Station Run, Knightdale: 1st & 3rd Thursdays, 4:30-5:30pm.
- **Green Pines Baptist Church** – 1498 Hodge Rd., Knightdale: Wednesdays, 5:30-6:30pm. Please call in advance.
- FNS recipients may now purchase groceries online using **EBT cards** through [Instacart.com](https://www.Instacart.com). Participating retailers include: Carlie C's, Food Lion, Walmart, ALDI, Amazon, BJ's, and Publix. *Service and Delivery charges are not covered by benefits.
- Visit www.wakegov.com/wake-county-food-security to find more food resources near you!

HEALTHCARE

- **NC Medicaid Managed Care:** 1-833-870-5500 | [NCMEDICAIDPLANS.GOV](https://www.ncmedicaidplans.gov) (Health Plans)
- **[Monarch Behavioral Health Services](#)** (Mental Health/Substance Abuse) 1-866-272-7826
ERC In-person services (medication management/therapy) Thursdays & by appointment:
919-375-4453, Ext. 1983
- **Shepherd's Care Medical Clinic:** 1303 Water Plant Road, Zebulon; 919-404-2474 (serving uninsured or under-insured adults)
- **[Substance Abuse and Mental Health Services Administration](#)** – U.S. Department of Health and Human Services agency with mission to reduce impact of substance abuse and mental illness in America.
1-800-662-HELP (4357)
- **WIC Program** (Special Supplemental Nutrition Program for Women, Infants and Children) WIC provides healthy foods, nutrition and breastfeeding support, and referrals to healthcare and community services. WIC serves babies and children up to age five, pregnant women, and new mothers. **To apply, call 919-250-4720**

Wake County Eastern Regional Center | 1002 Dogwood Drive, Zebulon, NC | 919-404-3900

Medicaid, Food Stamp Applications, NC Works Career Center, Employment Assistance, Real Estate Tax Payments, Birth/Death/Marriage Certificates, Family Support Services, Public Health Clinical Services (Child Health, Family Planning Prenatal, by appointment). *Find other services, programs, or agencies near you: wakenetworkofcare.org | nccare360.org